



SCAFFOLDING  
RISK ALERT

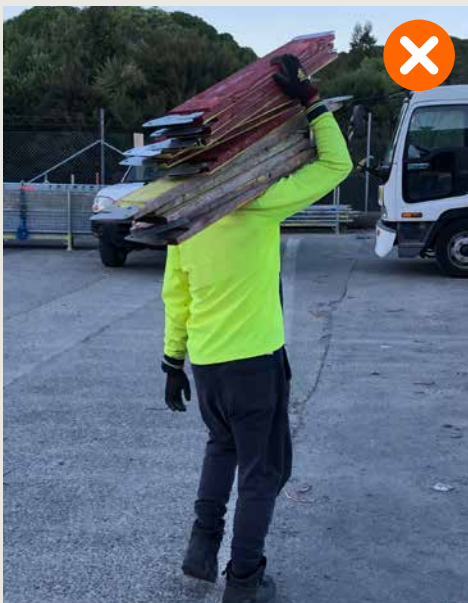
# MOVING SCAFFOLDING SAFELY

THE TRADITIONAL SHOULDER CARRY CREATES POTENTIAL RISK TO A SCAFFOLDER'S SHOULDER OVER THE COURSE OF THEIR CAREER.

**WORK  
SHOULD NOT  
HURT.**

**SARNZ**  
SCAFFOLDING, ACCESS & RIGGING NEW ZEALAND INC

Holding your shoulder up to 90 degrees causes a natural impingement in your shoulder joint. Your shoulder is not a weight bearing joint.



It is easy to overload with weight on one side of your body.



The shoulder carry can be inherently unstable and difficult to unload, creating extra handling.



Reduce weights carried on the shoulder by splitting the load into manageable amounts.



Look for other ways to move scaffold horizontally where possible.



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He Kaupare. He Manaaki.  
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